CODE OF CONDUCT

By entering the premises of the AJ's Sports Centre, Members (including casual visitors and guests) agree to abide by the following Code of Conduct.

- 1. AJ's Sports Centre does not accept liability for any personal injury or loss of personal property for anyone using facilities provided by AJ's Sports Centre.
- 2. Users must abide by all general rules of AJ's Sports Centre at all times.
- 3. Membership cards are for use by individual registered members only and are not to be lent to anyone else for use at any time. Disciplinary action may apply if this is not abided by.
- 4. If you are not an experienced weights user then you should make an appointment for a complimentary introductory program. Ensure that spotters are used where appropriate. Staff are available to help.
- 5. Minimum of singlet, shorts and enclosed sports shoes must be worn at all times. Denim and materials that may cause one to sweat profusely or damage upholstery is not appropriate workout wear.
- 6. It is a condition of entry that that you have a towel for each workout session. Alcohol based wipes are available to be used to wipe down equipment after use.
- 7. Treat all equipment with care. Be mindful of the studios and change rooms on lower levels and do not drop weights on the floor as it can be damaging to the weights and flooring.
- 8. Return all plates, barbells, dumbbells, medicine balls, floor mats, skipping ropes and any other equipment owned by AJ's Sports Centre to their correct storage areas immediately after use.
- 9. Bags are not permitted in the weights room.
- 10. Respect the rights of other people to use this facility and share the use of the equipment where possible. Users must stick to a 30 minute time limit on cardio machines during peak times.
- 11. Photography and filming within AJ's Sports Centre on phones, cameras or any other devices is strictly prohibited without prior permission from management.
- 12. All children under the age of 16 must be accompanied by an adult whilst in the Centre. We ask that all parents use our free childminding service if child is not participating in a structured program such as swimming lessons or a KIDfit class.
- 13. Pool, sauna and steam room are provided for the enjoyment and benefit of all members. Users must adhere to the signed rules and report any misuse or problems to reception immediately. Recrecational swimming is performed at your own risk. Lifeguards are not provided.
- 14. In the event of a dispute AJ's Sports Centre reserves the right to suspend membership until the dispute has been resolved or disciplinary action has been taken.
- 15. Respect and follow the directions of the staff at all times, especially in emergency situations.
- 16. Theft of any form is deemed unacceptable and will lead to instant cancellation of membership.
- 17. The use, possession or concealment of any drugs, tobacco products, alcoholic beverages and weapons is forbidden.
- 18. Respect the facilities and equipment of AJ's Sports Centre and report any problems to the Centre staff immediately.
- 19. Valuables are left unattended at the Member's own risk. AJ's Sports Centre takes no responsibility for lost/stolen items. Please be cautious when leaving bags in the bathrooms as they are not securely monitored.
- 20. Any feedback/complaints should be submitted in writing addressed to the Centre Manager in person or via email at centremanager@ajsportscentre.com.au
- 21. Classes are subject to cancellation or change at short notice. It is the responsibility of members to confirm class times by checking our Facebook page and website or calling AJ's Sports Centre on 3273 2978.
- 22. Members will agree to the consequences of any breach of the code of conduct. These may include, depending on the nature and severity of the breach; ejection from AJ's Sports Centre, suspension or legal proceedings.

We appreciate your cooperation.





